

Learning to be Anti-Racist: An Introductory Course

Summary of Topics Addressed in the Course

The seven modules in this course help to strengthen understanding about racism and anti-racism in B.C.'s education system. They also support skills in taking action against racism and discrimination.

Module 1

Becoming Anti-Racist

- Trauma-sensitive considerations and practices
- Physical, learning, and emotional needs of engaging in anti-racism work
- Understanding cultural humility

Module 2

What is Racism? What is Anti-Racism?

- Racism and its different forms
- Difference between being 'not racist' and 'anti-racist'
- Systemic racism in B.C.'s education system and in Canada
- Resisting racism in B.C.'s education system

Module 3

Anti-Racism and Human Rights

- Connections between anti-racism and human rights
- Responsibility of all members of B.C.'s education system to stop racism and protect human rights

Module 4

Who? Me? Biased?

- How biases affect perceptions and behaviours towards others
- What implicit biases are
- Impact of biases in education

Module 5

Reflecting on Identity and Privilege

- Relationship between identity and power
- Definition of privilege and how it reinforces dominant culture
- How power and privilege shape an individual's experience of the education system
- How individuals can use their power to support anti-racism

Module 6

Stereotypes, Microaggressions, and Hate Crimes

- Difference between stereotypes, prejudices, microaggressions
- Types and examples of microaggressions
- Impacts of microaggressions
- Difference between racist incidents and hate crimes

Module 7

Interrupting Racism

- Difference between calling in and calling out in response to racist incidents
- Supporting anti-racism through active witnessing
- Commitment to anti-racism: self-reflection, learning, and doing