

# CONNECTION

## Why trauma-informed practice matters in education

As a compassionate educator I will honor ...

- Reflection as wise practice
- Respectful thoughtful inquiry with learners, families, culture, and community
- Reciprocity by acknowledging wisdom and teachings from learners / families / culture and community
- Cultural awareness, by acknowledging my worldview and core values are different from others, and this presents an opportunity to learn

Gwen Budskin



## CULTURAL SAFETY

- Trust in relationship
- Respect for the child, youth, and caregiver's beliefs and experiences
- Awareness of power differentials

Culture is how I see the world when I wake, how I breathe, it defines what is good and right and worthy, it evolves over time, it defines me.

- Tlingit Practitioner

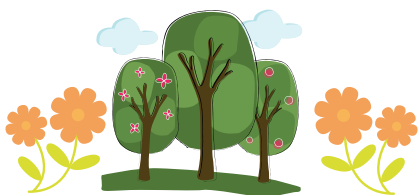


When children are triggered, they are using their instinct and emotional brain.

## RELATIONAL REPAIR

Families act as emotional systems, and best practice may be to recruit caregivers and parents to help children and youth with affect regulation and building competency. Through this team effort, all family members may become aware of their own needs in the family system.

We cannot do this alone.



Engaging in the child's existing family system to uncover and build hope.

What community connections would your school need to make in order to support families?